

NOTICE OF RACE
MIDWEST INTERSCHOLASTIC SAILING ASSOCIATION
CRESSY CHAMPIONSHIP QUALIFYING REGATTA
Lake Minnetonka Sailing School
Wayzata, MN
October 6-7, 2007

1. Rules:

- 1.1. The Midwest Cressy Qualifier is an elimination event for the ISSA National High School Championship “Cressy Trophy” and will be governed by the rules as defined in The Racing Rules of Sailing (2005 – 2008), the Interscholastic Sailing Association Procedural Rules, the rules of the Laser Class, this Notice of Race and the Sailing Instructions.
- 1.2. The top two (2) finishers in Full-rig division and the top (2) finishers in the Radial-rig division will qualify for the ISSA National High School Championship Cressy Trophy.

2. Boats:

- 2.1. All competitors must provide their own boat, either a Laser Full-rig or Radial-rig.
- 2.2. No equipment other than screwdrivers, pliers, tape, telltales, bailers, and drinking water may be carried during the regatta.
- 2.3. Lasers and Laser Radials must be sailed single handed. This modifies the Laser class rule 7(a).

3. Regatta Site:

- 3.1. The regatta will be sailed on Lake Minnetonka, due west of the sailing school.
- 3.2. Boats will be stored and launched from the sailing school grounds and docks.

4. Safety:

- 4.1. Competitors, coaches, advisors, and parents while afloat must wear US Coast Guard Type III or higher PFD (Life Jacket) during the regatta.
- 4.2. PFDs must be worn OUTSIDE all apparel (including but not limited to splash guards and drysuits) except sleeveless rash guards used to prevent snags in rigging or improve team/school identification
- 4.3. Competitors are strongly encouraged to bring a dry suit. The regatta chair and/or Race Committee have the right to make the dry suit mandatory based on weather and conditions.

5. Eligibility:

- 5.1. Competing schools must be in good standing with ISSA/MISSA defined as having completed the online registration process and paid dues (\$100) for the 2007-2008 academic year.
- 5.2. All student competitors must be enrolled in high school grades 9 through 12 at the time of the event and rostered on the school’s team PRIOR to October 3, 2007. Schools should register online at: <http://highschoolsailingusa.org/directory/addnew.asp>
- 5.3. An adult advisor, parent or coach must accompany Cressy competitors.

6. Entry:

- 6.1. Entry deadline will be Wednesday, October 3, 2007. No entries will be accepted after this date. No registrations will be accepted at the venue.
- 6.2. Entrants must declare their division, Full or Radial rig with their registration and may not change divisions thereafter. The top two (2) finishers of each division (Full rig, Radial rig) must compete in that same division at the ISSA National Championship. No division changes are allowed.
- 6.3. Each sailor is considered a Cressy "Team". A school may enter as many Cressy teams as it wishes.
- 6.4. The entry is \$40 per competitor. This fee includes two continental breakfasts and two box lunches. Team leaders, coaches and parents can buy additional meal packages for \$25.

Competitors may register by completing the following information on the entry form:

- Sailor's name, Street Address, City and Zip Code
- School name
- Coach contact information
- Division : Laser Full rig or Laser Radial rig
- Sail number

Entry Form and required fees must be received by October 3, 2007 and mailed to:

Midwest Cressy Championship Qualifier
Gordy Bowers Jr.
15817 White Pine Drive
Wayzata, MN 55391

Original Parent Consent, Waiver of Liability and Medical Release forms are required by 8:00am check-in on October 6, 2007.

7. Sailing Instructions:

Sailing Instructions will be available at check-in on the morning of the first race.

8. Regatta Schedule:

Saturday, October 6, 2007

0800 - Check in at LMSS, Continental Breakfast

0930 - Competitors meeting

1030 - Warning signal for the first race. (Races will continue throughout the day)

Lunches on the water or at LMSS

Sunday, October 7, 2007

0830 - Check in at LMSS, Continental Breakfast

1000 - Warning signal for the first race. (Races will continue throughout the day)

Lunches on the water or at LMSS

1430 - No race will start after this time.

Awards presentation (1st and 2nd in each division)

9. Scoring:

- 9.1. The Regatta will be scored in accordance with ISSA Procedural Rules 9.
- 9.2. Change in 9(c) “competing teams” to “competitors” in all three instances.
- 9.3. All completed races shall be counted. There will be no throw-outs. Since this is not a borrowed boat regatta, breakdown points will not be awarded.

10. Number of Races:

A minimum of three races is required for a regatta.

11. Coaching:

- 11.1. All coaches shall be registered in accordance with MISSA By-Laws, Section 3 “Registration – Coaches” and must be rostered PRIOR to September 28, 2007.
- 11.2. Contact with a competitor during racing shall be limited to a designated area.
- 11.3. The Race Committee shall designate the area, which may be on shore or from a boat, where a competitor may receive coaching, assistance or sustenance, provided at least one coach from each team has equal access to the area.

12. Protests

- 12.1. Competitors protesting a boat shall, at the first reasonable opportunity after finishing that race, notify both the Race Committee and the protested boat of her intent to protest. Failure to do so may be grounds for closing the protest hearing under RRS 63.5
- 12.2. Competitors shall not communicate with anyone other than competitors involved in the protest before reporting to the Race Committee the intention to file a protest. Having notified the Race Committee of this intent, the competitor shall not communicate with anyone other than competitors involved in the same protest until after the Protest Committee renders a decision. Breaking this rule may be grounds for closing the hearing.
- 12.3. No appeals will be allowed in accordance with ISSA PRs, Part IV, Section 16, (f).

13. Contact Information:

Regatta & Housing Chair: Gordy Bowers
15817 White Pine Drive
Wayzata, MN 55391
(H) 952-473-5395
(C) 952-465-8353
gordy@lmss.us

14. Official Notice:

No competitor shall use, either on or off the water, alcoholic beverages (beer, wine, or distilled spirits, each as defined in Chapter 51 of the US Internal Revenue Code and intended for beverage use), or marijuana, cocaine, or any other controlled substance (as defined in 21 US Code 802), the possession of which by that competitor is unlawful under 21 US Code 841. An alleged breach of this regulation and/or other discipline expectations occurring during October 6-7, 2007 may be the basis for a hearing under RRS 69.1 The protest

committee for such a hearing shall be the regatta chairperson, a member of the ISSA BOD, and the protest committee chairperson.

15. Housing:

A list of hotels and accommodations follows. There may be limited housing available with host families for teams on a first-come, first-served basis. Please contact Gordy Bowers at (H) 952-473-5395 & (C) 952-465-8353.

Local Hotels

- 1. Chanhassen Inn**
531 West 79th Street
Chanhassen, MN 55317
(952) 937-2424
- 2. Holiday Inn Express**
7855 Century Blvd.
Chanhassen, MN 55317
(952) 401-8850
- 3. AmericInn**
570 Pond Promenade
Chanhassen, MN 55317
(952) 934-3888
- 4. Country Suites Chanhassen**
591 West 78th Street
Chanhassen, MN 55317
(952) 937-2424

**PARENT CONSENT, WAIVER OF LIABILITY
AND MEDICAL RELEASE**

MIDWEST INTERSCHOLASTIC SAILING ASSOCIATION (MWISA)

LAKE MINNETONKA SAILING SCHOOL, INC. (LMSS)

MINNETONKA YACHT CLUB (MYC)

For the Cressy Qualifier held on October 6-7, 2007

Student's Name: _____

Date of Birth: _____ School: _____

List all known allergies: _____

Medical Insurance Information:

Father's Insurance Coverage:
Carrier: _____

Mother's Insurance Coverage:

Policy #: _____ Group #: _____

Policy #: _____ Group #: _____

As the parent/guardian of the above named student, I hereby acknowledge that the risk of injury, including serious debilitating injury, is involved in athletic participation. I recognize that MWISA, LMSS, MYC and their representatives will make efforts to reduce these risks, but further recognize that their efforts cannot and will not eliminate all such risks. I am aware of the risks involved, and give my consent for the above named student to participate in all activities associated with the Cressy Qualifier.

I am aware that MWISA, LMSS, and MYC do not carry medical insurance for students, and that medical insurance coverage will be provided by parent/guardian. Evidence of such coverage is provided above.

I further release and hold harmless MWISA, LMSS, and MYC, their Officers, Directors, Trustees, agents, employees, coaches, and athletic trainers, and event vendors, from any and all liability arising from the above-named student's participation in the Cressy Qualifier and all related activities.

I hereby grant permission to any appropriately qualified health care professional to give any and all medically appropriate emergency care to my son/daughter/ward, including but not limited to anesthesia and surgery.

Father/Legal Guardian Date

Mother/Legal Guardian Date

Address

Address

City State Zip

City State Zip

Home Phone

Home Phone

Work Phone

Work Phone